**How to start a Podcast**

**Podcastle**

1. Name your Podcast and create Artwork

Not get too picky/overthink it

Decide random word and put name in it

Artwork – make it yourself using canvas e.g. search podcast artwork and get templates and keep in mind dimensions of podcast forms

Fiver.com – Inexpensive graphic designer to create artwork for you

Once done that create it using podcast distribution site ,e.g. upload audio file to site distrivute to apple pay, google pay, spotify.

Podcastle.ai – my show and select new show

Connect rsf feed

1. **Record your first few episodes**

Release once per week

Schedule it

Record a few episodes and release it all at once to start

Podcastle mic on iPhone

When it comes to mic look for dynamic microphone e.g. Samsung q2u

Road wireless pro – interview type

When it comes to recording videos upload short pieces of clips of podcast and post it on your socials, e.g. Instagram, tiktok.

1. **Edit your Podcast**

On podcastle features like for audio to remove background noise.

Access to free royal music loyalty

1. **Publish and Remote**

Give podcast episodes a title, e.g. make it seem so person would be drawn to click on it, e.g. including numbers

Podcastle transcrubiotn feature to deciding on a title

To release video version of podcast upload to YouTube as a podcast.

Promote your podcast – Tell people new episode is out

Post clips of podcast

Opus clip – format videos

1. **Repeat**

Capture, edit, publish and promote podcast

Commit to never stopping

**Things to talk about Podcast**

Shaheer – Can talk about his university life e.g. university every day, assignments and working on presentations, living in Canada and how different is to UK.

Karim – life in uk and how different is it from Italy, family.

How is uk?

Social Media

Mental Health

The influence of Gen Z artists on the music scene.

Amla – Getting married and living wife, what is like getting married

**Platz**

Life in London and growing up in South London, talk about music

People not paying attention to their contracts

**Damola**

Life in Nigeria compared to the uk.

Music – Afrobeats

Sports

Luigi

**Technology and Its Impact**

1. **AI for Everyday Life**
   * How tools like ChatGPT are helping students, professionals, and creatives.
   * AI's potential in health care, education, and fitness.

**Relationships in the Modern World**

1. **Friendships in Adulthood**
   * Why it’s harder to make friends as we grow older and how to overcome it.

Celebrities

Cost of Living/Recession

**Celebrity Culture**

* The evolution of fame and its impact on society.

**Education in the 21st Century**

Is traditional schooling outdated? Alternatives like homeschooling and online learning.

**The Happiness Formula**

* What really makes people happy? Science vs. perception.

How Technology is Changing Education: The Role of AI and VR

What Does Work-Life Balance Really Mean in 2024?

How Social Media is Changing the Way We Date

Cultural Differences in Love and Relationships

Parenting in the Digital Age: Challenges and Strategies